

Monthly Expenses



Use this form to see how much money you spend this month. Then, use this month's information to help you plan next month's budget.

Some bills are monthly and some come less often. If you have an expense that does not occur every month, put it in the "Other expenses this month" category.

Month _____ Year _____

My Income This Month

Monthly Total

Paychecks (salary after taxes, benefits, and check cashing fees) \$ _____

Other income (after taxes) \$ _____

Total Monthly Income \$ _____

My Expenses This Month

Monthly Total

Housing

Rent or mortgage \$ _____

Renter's insurance or homeowner's insurance \$ _____

Utilities \$ _____

Internet, cable, and phones \$ _____

Other housing expenses \$ _____

Food

Groceries and household supplies \$ _____

Meals out \$ _____

Other food expenses \$ _____

Transportation

Public transportation and taxis \$ _____

Gas for car \$ _____

Parking and tolls \$ _____

Car maintenance \$ _____

Car insurance \$ _____

Car loan \$ _____

Other transportation expenses \$ _____

Monthly Expenses (continued)



Expenses	Monthly Total
Health	
Medicine	\$ _____
Health insurance	\$ _____
Other health expenses	\$ _____
Personal & Family	
Child care	\$ _____
Child support	\$ _____
Money given or sent to family	\$ _____
Clothing and shoes	\$ _____
Laundry	\$ _____
Donations	\$ _____
Entertainment	\$ _____
Other personal or family expenses	\$ _____
Finance	
Fees for cashier's checks and money transfers	\$ _____
Prepaid cards and phone cards	\$ _____
Bank or credit card fees	\$ _____
Other fees	\$ _____
Other	
School costs	\$ _____
Other payments	\$ _____
Other expenses this month	\$ _____
Total Monthly Expenses	\$ _____

\$ _____ - \$ _____ = \$ _____
Total Monthly Income Total Monthly Expenses

Maybe your income is more than your expenses. You have money left to save or spend.

Maybe your expenses are more than your income. Look at your budget to find expenses to cut.